

Which endocrine gland releases epinephrine and norepinephrine to produce what is called a fight-flight response?

A pituitary gland

B pineal gland

C adrenal glands

D thyroid gland

When you are frightened, sympathetic nerves cause the release of epinephrine (adrenalin) and norepinephrine from your adrenal glands.

Answer **C**.

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