

Which endocrine gland releases epinephrine and norepinephrine to produce what is called a fight-flight response?

- A pituitary gland
  - B pineal gland
  - C adrenal glands
  - D thyroid gland
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When you are frightened, sympathetic nerves cause the release of epinephrine (adrenalin) and norepinephrine from your adrenal glands.

Answer **C**.