

# THE FREE ENERGY "PRINCIPLE" AND NEGATIVE ENERGY WAVES

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## OVERVIEW

- (I) Statement of Principle
- (II) Examples of NL instability
- (III) Dissipation Destabilization
- (IV) Objections

# THE LAWS OF NATURE

**Parkinson's Law:** Work expands to fill the time available for its completion.

**Parkinson's Law, Modified:** The junk you have will expand to fill the available space.

**The Peter Principle:** In every hierarchy, each employee tends to rise to his level of incompetence.

**Murphy's Law:** If something can go wrong, it will.

**Weiler's Law:** Nothing is impossible for the man who does not have to do it himself.

**Finagle's Law:** Once a job is fouled up, anything done to improve it makes it worse.

→ **Rudin's Law:** A theory is better than its explanation.

**Unnamed Law:** If it happens, it must be possible.

**Clarke's Third Law:** Any sufficiently advanced technology is indistinguishable from magic.

**Gumperson's Law:** The outcome of a given event probability will be inverse to the degree of desirability.

**Cutler-Webster Law:** There are two sides to every argument unless a man is personally involved, in which case there is only one.

**Cropp's Law:** The amount of work done varies inversely with the amount of time spent in the office.

**May's Law:** The quality of correlation is inversely proportional to the level of control (the fewer the facts, the smoother the curves).

**Albrecht's Law:** Social innovations tend to the level of minimum tolerable well-being.

**Sturgeon's Law:** 90% of everything is trash.

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Energy  
Free Principle (conjecture)

For fluid and plasma systems,  
describing different geometries, physics  
etc., there exist many sufficient  
conditions for stability of the form

$$(\Psi, \mathcal{O}\Psi) > 0$$

$\Rightarrow$  stability

Conversely if

$$(\Psi, \mathcal{O}\Psi) \text{ indefinite}$$

$\Rightarrow$  Nothing!!

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For all ideal models

$$(\Psi, \mathcal{O}\Psi) > 0 \iff \begin{array}{l} \text{positive definite} \\ \text{Free Energy} \end{array}$$

## Free Energy Principle

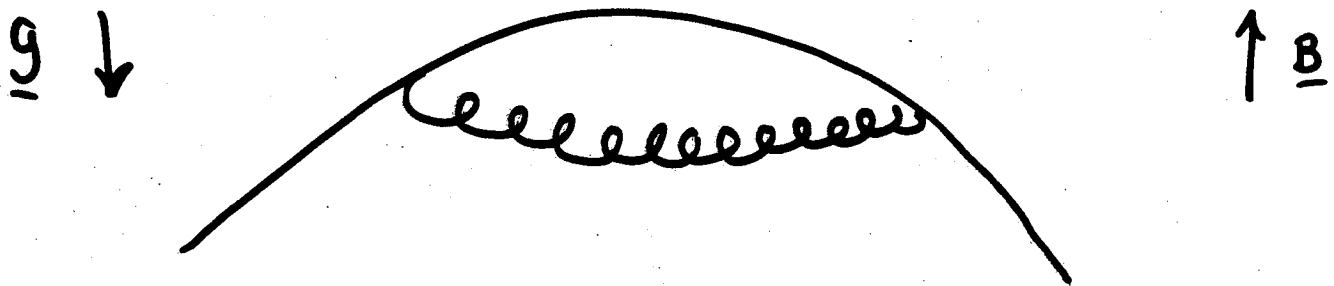
If the free energy,  $\delta^2 F = \delta^2(H + C)$ , is indefinite, then there are two conclusions:

- (1) The system has linear (spectral) instability. Bad.
  - (2) The spectrum is stable, but  $\exists$  a negative energy mode.  
Also Bad.
- 

Case (2) :

- \* Nonlinear instability (Not finite amplitude) e.g. explosive growth; slow growth followed by fast; resonance w/ continuous spectrum ...
- \* <sup>dissipated</sup> Damped Negative energy modes are unstable (structural stability)

# Charged Particle on a Mountain (models FLR stabilization)



Harmonic maintain + ...

$$L = \frac{1}{2} m (\dot{x}^2 + \dot{y}^2) + \frac{eB}{2c} (\dot{y}x - \dot{x}y)$$

$$+ \frac{1}{2} k (x^2 + y^2) + \mathcal{O}(3)$$

↑  
anharmonicity

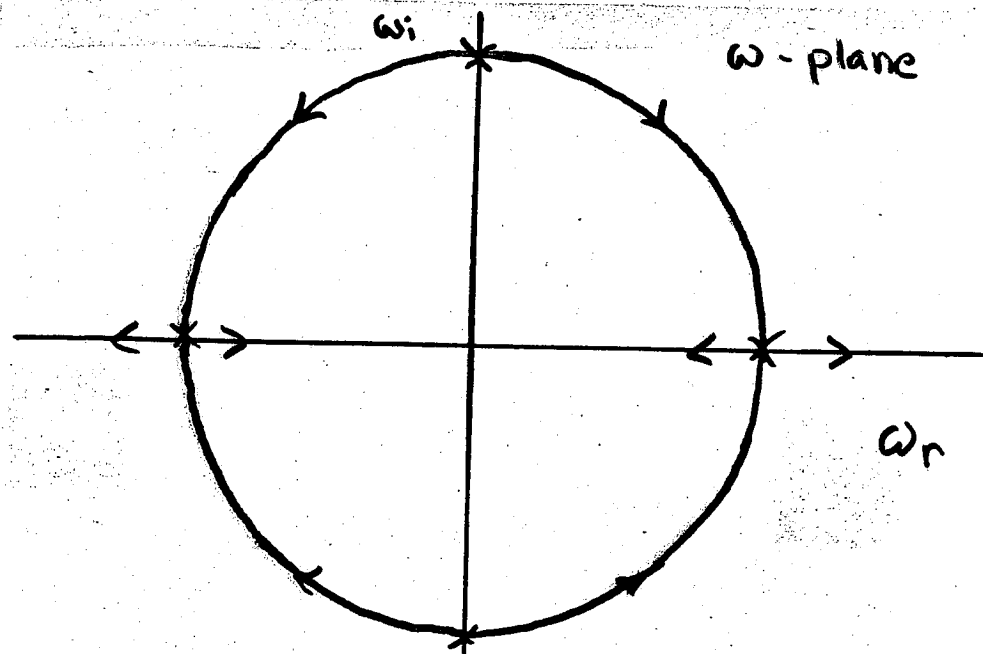
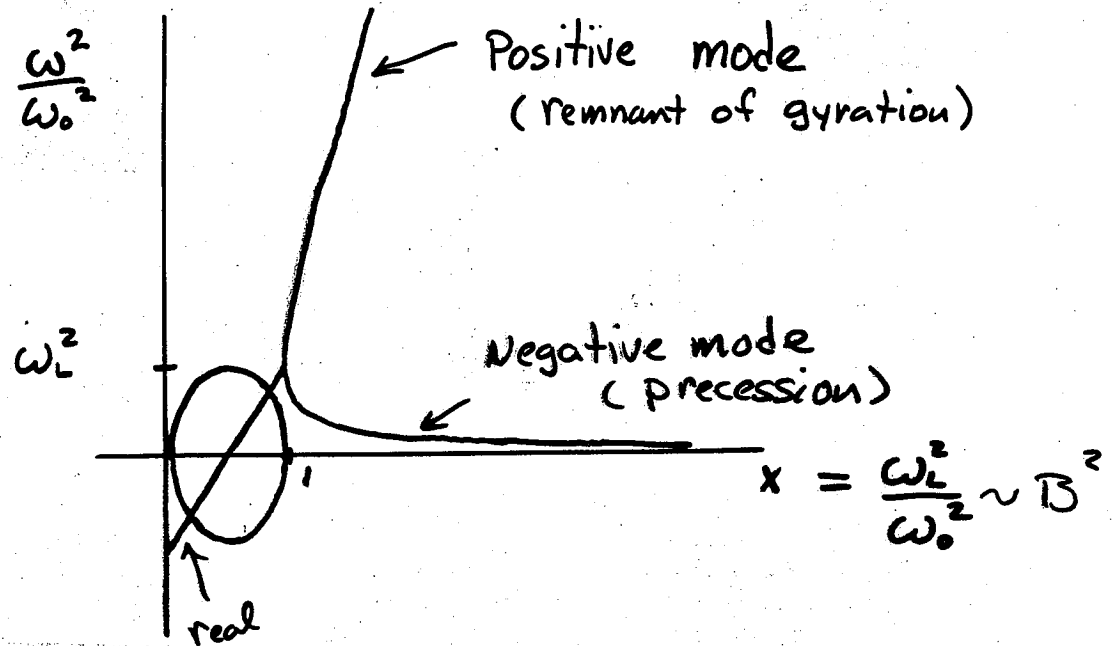
Two frequencies :  $\omega_L = \frac{eB}{2mc}$  ,  $\omega_0 = \sqrt{\frac{k}{m}}$

Hamiltonian:

$$H = \frac{P_x^2}{2m} + \frac{P_y^2}{2m} + \omega_L (y P_x - x P_y)$$

$$+ \frac{1}{2} m (\omega_L^2 - \omega_0^2) (x^2 + y^2) + \mathcal{O}(3)$$

# Eigenfrequencies



Backwards Krein Crash ( $\omega_r \Rightarrow$  stable)

# ANHARMONIC POTENTIAL

add an arbitrary cubic to the Hamiltonian.

Canonically transform to linear action-angle variables  $\Rightarrow$

$$H = H_0 + H_1$$

$\uparrow$  integrable       $\nwarrow$  non integrable perturbation  
 $\mathcal{O}(3)$

$$H_0 = \omega_1 J_1 + \omega_2 J_2 + \alpha J_1 J_2^{1/2} \cos(2\theta_1 + \theta_2)$$

$\mathcal{O}(3)$  resonance occurs when

$$2|\omega_1| = |\omega_2|$$

$$9\omega_0^2 = 8\omega_L^2$$

In terms of  $p$ 's &  $q$ 's

$$H_0 = \frac{1}{2}(p_1^2 + q_1^2) - (p_2^2 + q_2^2) + \frac{\alpha}{2} [q_2 (q_1^2 - p_1^2) - 2q_1 p_1 p_2]$$

Cherry  
(1925)

## Negative Energy Mode

\* real spectrum (stable)

\* indefinite (free) energy

$$\delta^2 H = \frac{\partial^2 H}{\partial z^i \partial z_j} \Big|_e \delta z^i \delta z^j$$

$$= H_2 = \sum_i \omega_i J_i$$

↖ Not all the same  
Sign

## Resonant Nonlinear Instability

\* 3 resonance;  $\omega_1 = 1, \omega_2 = -2$

$$2\omega_1 + \omega_2 = 0$$

\* Negative energy mode

⇒ Explosive growth

$$q_1 = \frac{\sqrt{2}}{\alpha(t-\epsilon)} \sin(t+\delta)$$

$$p_1 = \frac{\sqrt{2}}{\alpha(t-\epsilon)} \cos(t+\delta)$$

$$q_2 = \frac{1}{\alpha(t-\epsilon)} \sin(2t+\delta)$$

$$p_2 = \frac{-1}{\alpha(t-\epsilon)} \cos(2t+\delta)$$



# Cherry's System

Courtesy G Kueny

## Surfaces of Section

$$H = \frac{\omega_1}{2} (p_1^2 + q_1^2)$$

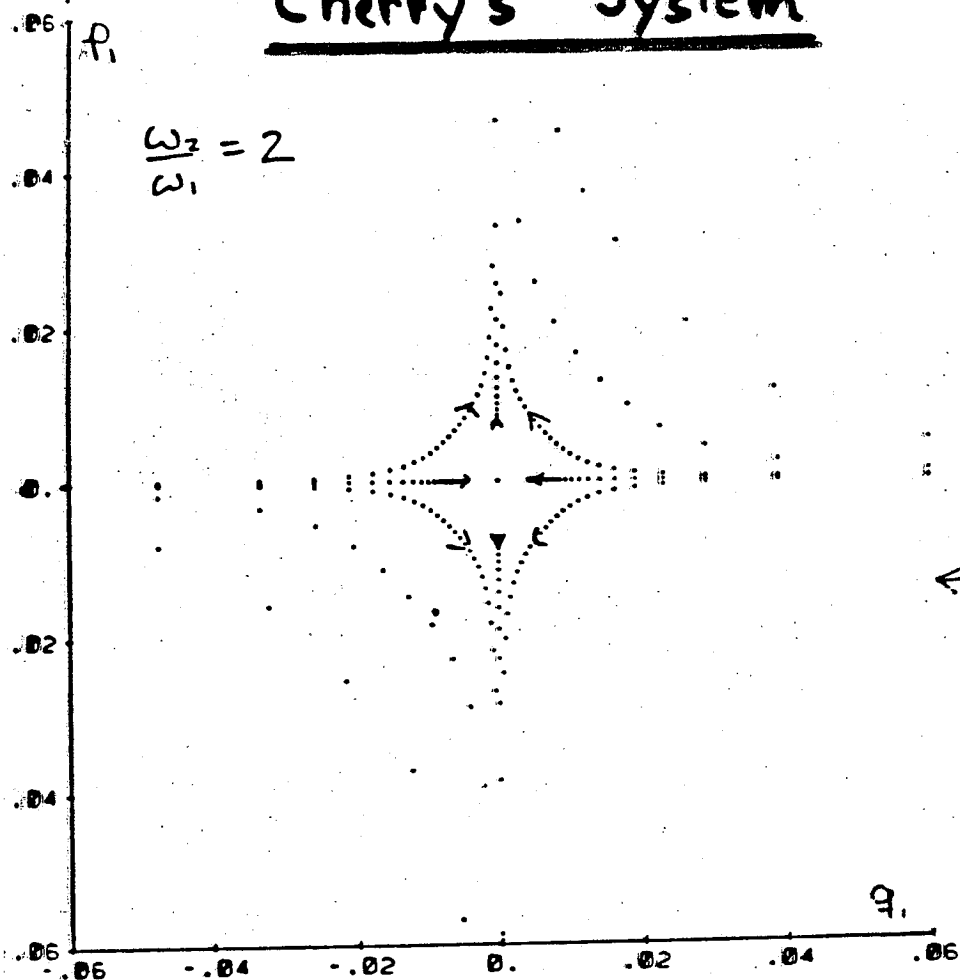
$$- \frac{\omega_2}{2} (p_2^2 + q_2^2)$$

$$+ \frac{\alpha}{2} [q_2 (q_2^2 - p_2^2) - 2q_1 p_1 p_2]$$

← Tuned  $O(3)$  resonance

← Surfaces of section

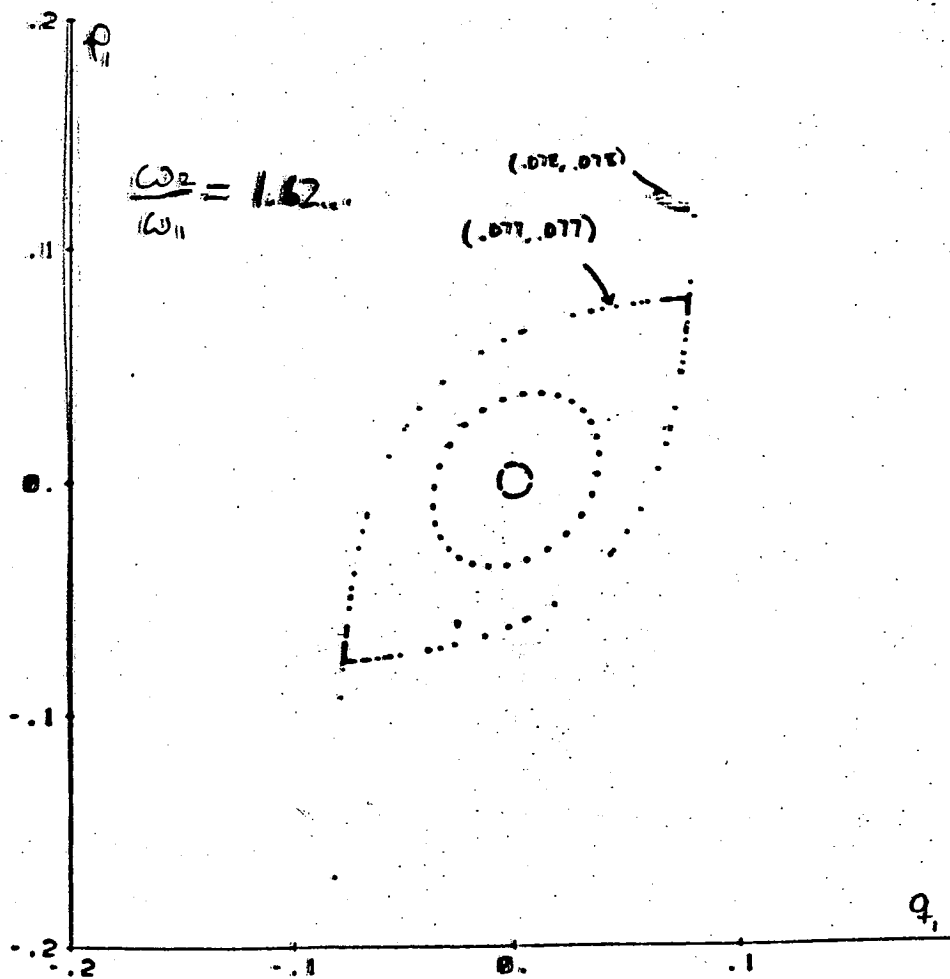
$$q_2 = 0$$



Detuned resonance →

Orbits outside eyelet → ∞

Both are integrable



# Generalization of Cherry

Most systems are not integrable and may be detuned. So we consider the following Hamiltonian:

$$H = \frac{1}{2} \omega_1 (p_1^2 + q_1^2) - \frac{1}{2} \omega_2 (p_2^2 + q_2^2)$$

$$+ \frac{\alpha}{2} \left[ q_2 (-p_1^2 + q_1^2) - (1+\epsilon) q_1 p_1 p_2 \right]$$

non integrable perturbation  
or General cubic

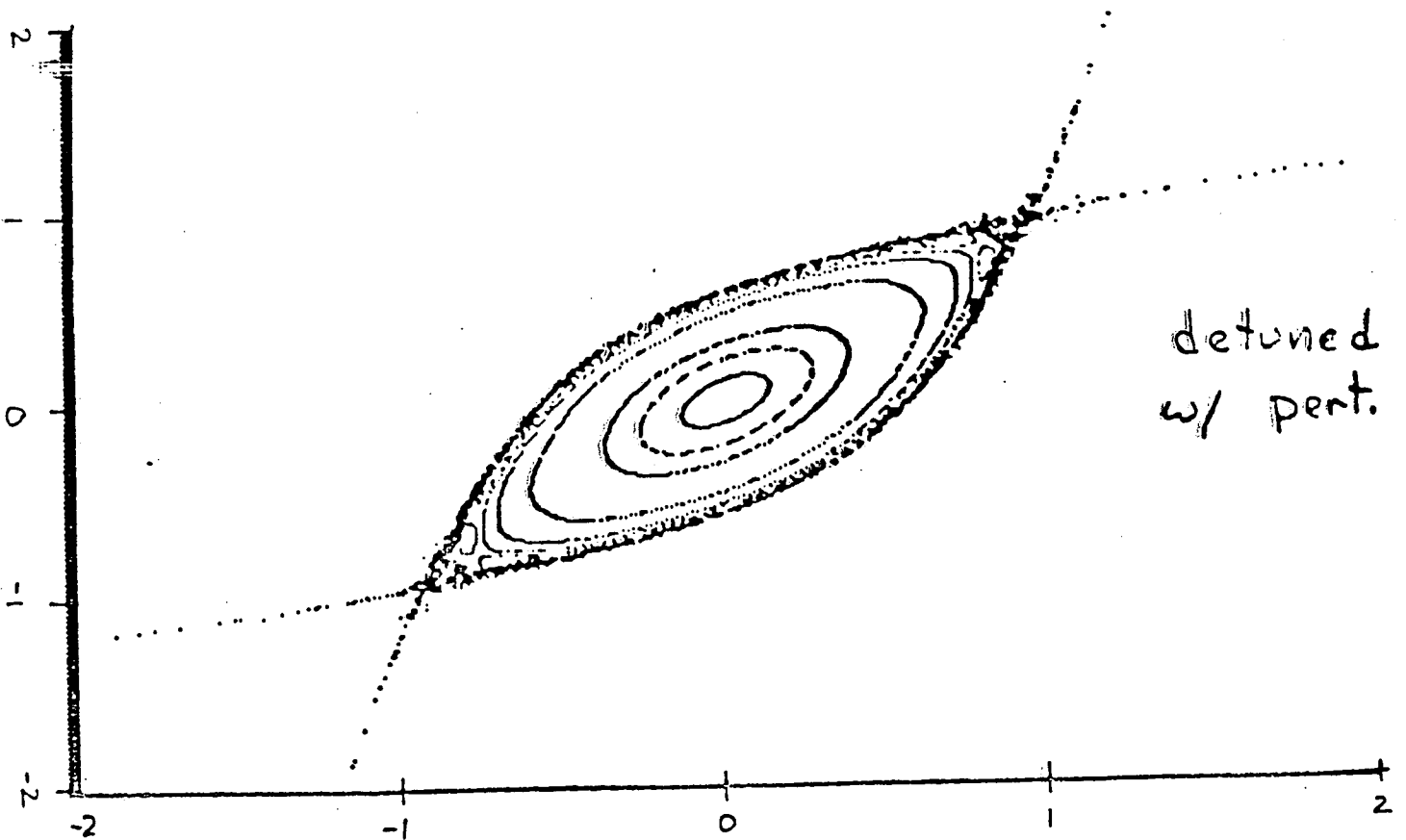
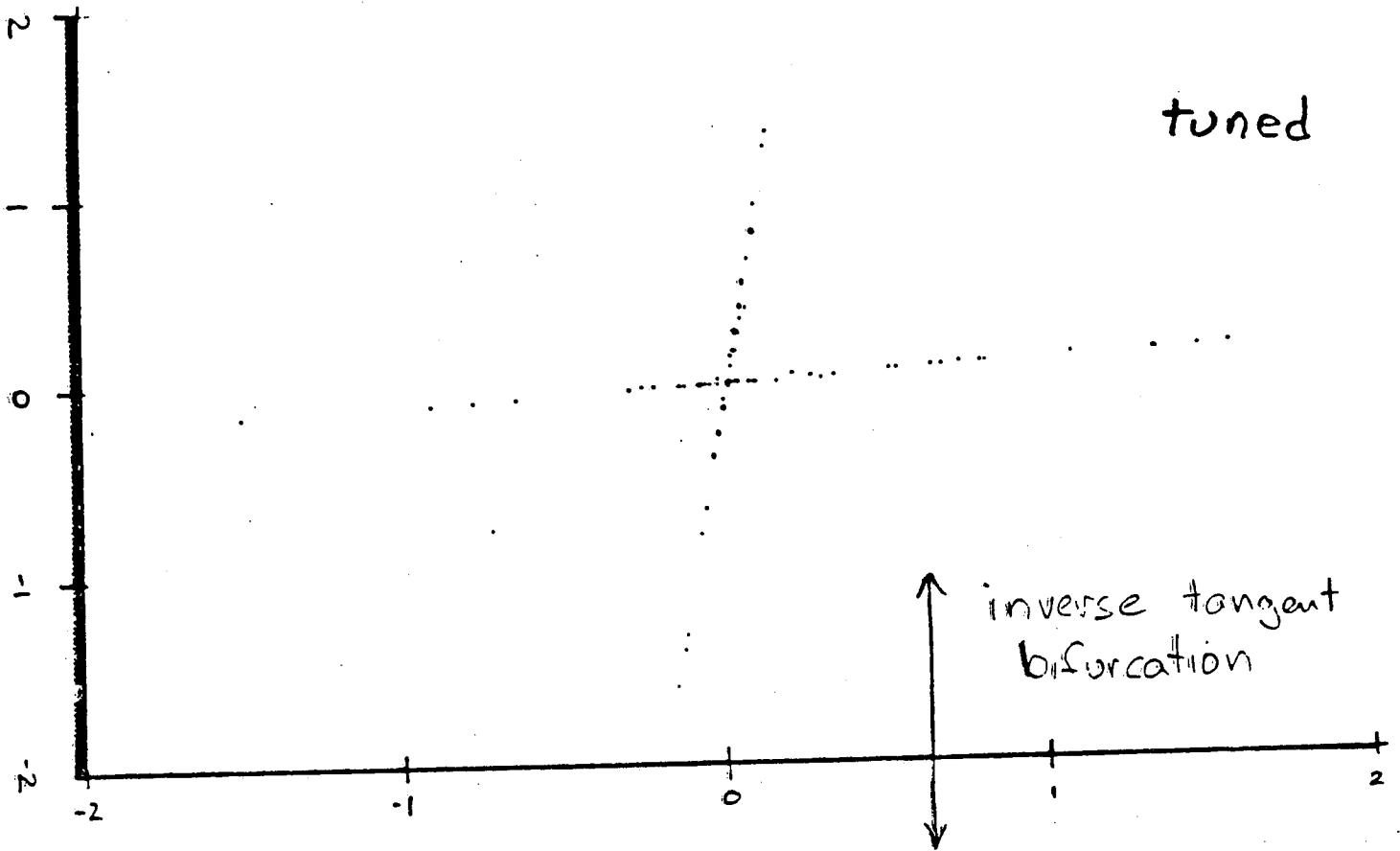
Since differential equations are more difficult to analyze and Arnold diffusion may take a long time we study a map that mimics features of the above system. This can be done with a cubic (not quadratic) map

$$\begin{aligned} x'' &= -y \\ y' &= -\epsilon y + x - y^3 \end{aligned}$$

Cubic  
Area Preserving  
Map

This area preserving map has an inverse tangent bifurcation at trace  $\epsilon = -2$  ( $\text{Re} \lambda = 0$ ).

# Cubic Map (mimic)



## Warm Fluid Two-Stream Instability

$$\frac{\partial v_\alpha}{\partial t} + v_\alpha \frac{\partial v_\alpha}{\partial x} = \frac{e_\alpha}{m_\alpha} E = -\frac{1}{\rho_\alpha} \frac{d p_\alpha}{dx}$$

$$\frac{\partial n_\alpha}{\partial t} + \frac{\partial}{\partial x} (n_\alpha v_\alpha) = 0, \quad \frac{dE}{dx} = 4\pi e (n_i - n_e)$$

$$H = \int dx \left\{ \frac{1}{2} \rho_i v_i^2 + \frac{1}{2} \rho_e v_e^2 + \rho_i v_i + \rho_e v_e + \frac{E^2}{8\pi} (n_\alpha) \right\}$$

$$\frac{\delta H}{\delta v_\alpha} = \rho_\alpha v_\alpha = 0$$

$$\frac{\delta H}{\delta \rho_\alpha} = \frac{v_\alpha^2}{2} + h_\alpha + \frac{e_\alpha}{m_\alpha} \phi = 0$$

$$\Rightarrow \rho_\alpha = \text{const.} \quad v_\alpha = 0$$

$\nabla H = 0 \Rightarrow$  Uninteresting equil.

Need constraints. Why?  $\int v dx, \int n dx$

Understanding comes from conservation of phase space volume  
Noncanonical Formalism.

# Noncanonical Hamiltonian Systems &

## THE PERTURBED ENERGY & $\delta^2 F$

$$\dot{z}^i = J^{ij}(z) \frac{\partial F}{\partial z^j} = [z^i, H+C]$$

"  $F$

Linearize :  $z = z_e + \delta z$   $F$

Equilibrium:  $\frac{\partial F(z_e)}{\partial z^j} = 0$

Generally  $\frac{\partial H(z_e)}{\partial z^j} \neq 0$  or

yields trivial equilibria.

$$\delta \dot{z}^i = J^{ij}(z_e) \frac{\partial^2 F(z_e)}{\partial z^j \partial z^k} \delta z^k$$

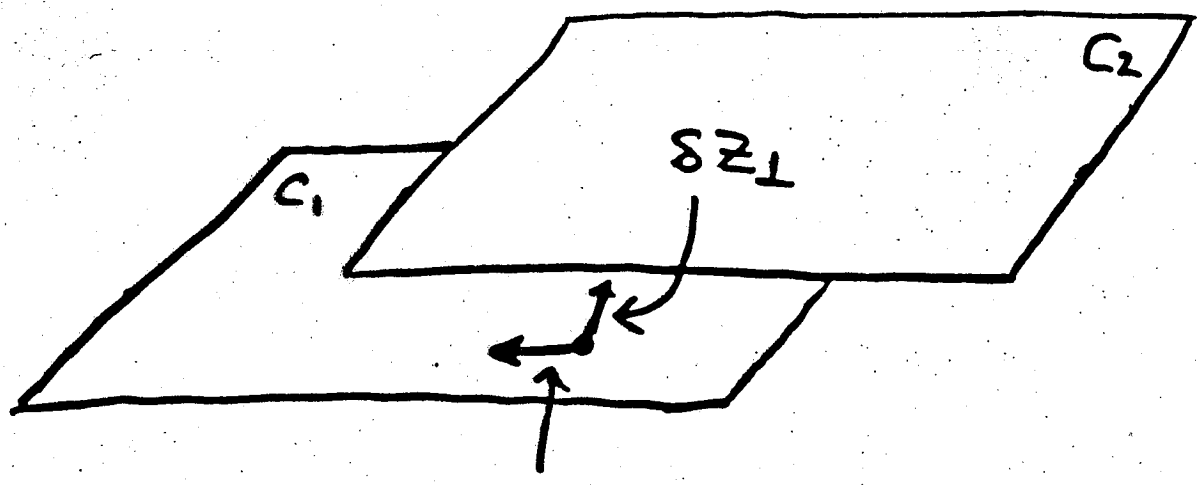
$$= \left\{ \delta z^i, \frac{\delta^2 F}{2} \right\}_L$$

↑

Perturbed Hamiltonian  $\frac{\delta^2 F}{2}$

Not  $\frac{\delta^2 H}{2}$  ! What is the energy.

$\delta^2 F/2 = \text{Free Energy}$



Phase Space

We add a source term and pull the system away from equilibrium.

$\delta Z_{\parallel}$  is the only relevant part

Since  $\delta Z_{\perp}$  changes the equil.

Thermodynamic analogy:  $dW = dU + Tds$

Let  $H \rightarrow H + H_{ext}(t)$  input  $\delta Z_{\parallel}$   $\delta Z$

$H_{ext} = \dot{z}^j S_j(t) (= \eta F_{ext}(t))$

$$\Delta H_c = - \int_0^t \dot{z}^j S_j(t) dt = \frac{\delta^2 F}{2}$$

# Two-Stream Instability (warm ions & electrons)

$$\frac{\partial v_a}{\partial t} + v_a \frac{\partial v_a}{\partial x} = \frac{e_x}{m_x} E - \frac{1}{\rho_x} \frac{\partial P_x}{\partial x}$$

$$\frac{\partial m_x}{\partial t} + \frac{\partial (m_x v_x)}{\partial x} = 0$$

$$\frac{\partial E}{\partial x} = 4\pi e (n_i - n_e)$$

equil.  $n_{0i}, n_{0e}, v_D$  ← drifting electrons

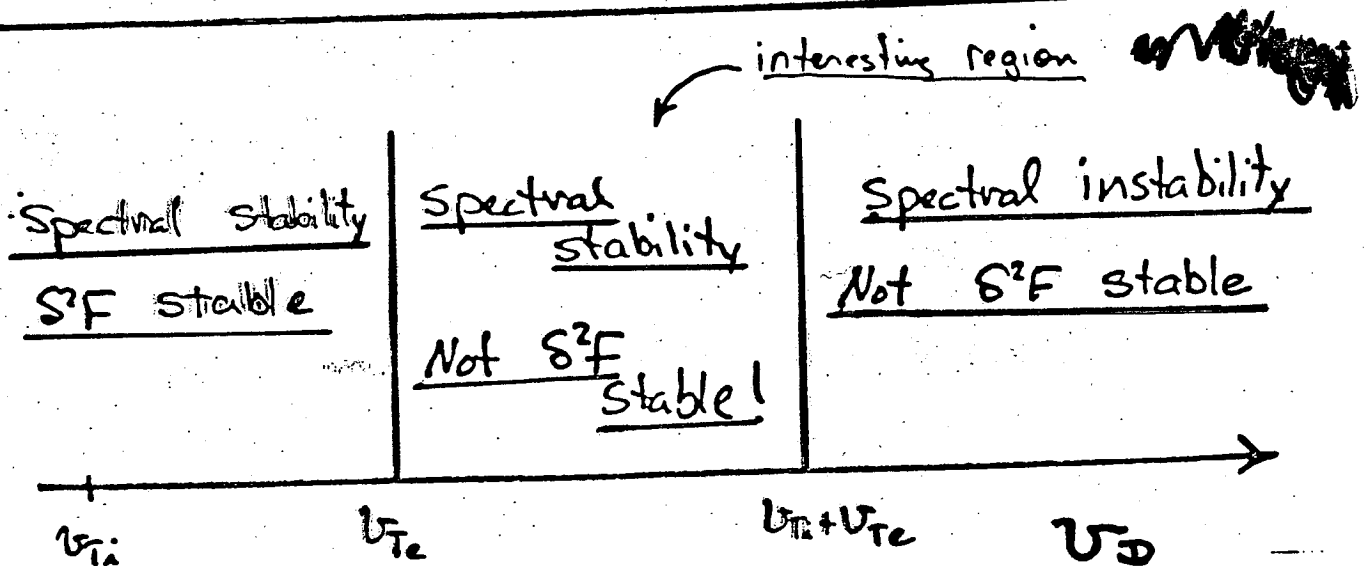
Spectral stability condition given via

$$0 = 1 - \frac{\omega p_a^2}{\omega^2 - k^2 v_{Ti}^2} - \frac{\omega p_e^2}{(\omega - kv_D)^2 - k^2 v_{Te}^2} = \epsilon(k, \omega)$$

Threshold:  $v_D > v_{Ti} + v_{Te} \Rightarrow$  instability

$\delta^2 F$ :

threshold:  $v_D < v_{Te} \Rightarrow$   $\delta^2 F$  positive definite



Noncanonical Variables  $\rightarrow$

Canonical Variables + Fourier Trans.

$\Rightarrow$

$$H = \sum_k^{\infty} \omega_k J_k + \mathcal{O}(J^{3/2})$$

In the band  $\omega_{Te} < \omega_D < \omega_{Ti} + \omega_{Te}$

$\exists \omega_k's < 0$ .

Pick out "1" resonant triad +  
resonant driving term  $\Rightarrow$

$$J \sim \frac{1}{t_0 - t}$$

Explosive Growth.

Detune resonance  $\Rightarrow ?$



Coherent 3-wave resonance (detuned)

"=" 4 dimensional Symplectic Map

2 Degree of freedom autonomous

→ 1 degree of freedom nonautonomous  
= Area preserving map

3 Degree of freedom autonomous

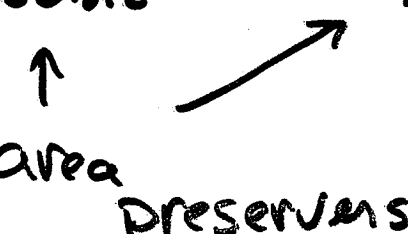
→ 2 degree of freedom nonautonomous  
= 4 dim. Symp. map

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Generating function :

$$F = F_{\text{cubic}} + F_{?} + F_{\text{coupling}}$$

↑  
area  
preservers



# 4 Dimensional Symplectic Map (mimic)

(anharmonic mountain with earthquake)

Generating Function:  $F = QQ' + qq' + \frac{\tau Q^2}{2} - \frac{\tau q^2}{2} + \frac{Q^3}{3} + \frac{q^4}{4}$

Coupling  $\therefore \rightarrow \underline{\underline{+ a q Q}}$

coupled quadratic & cubic  
area preserving maps.

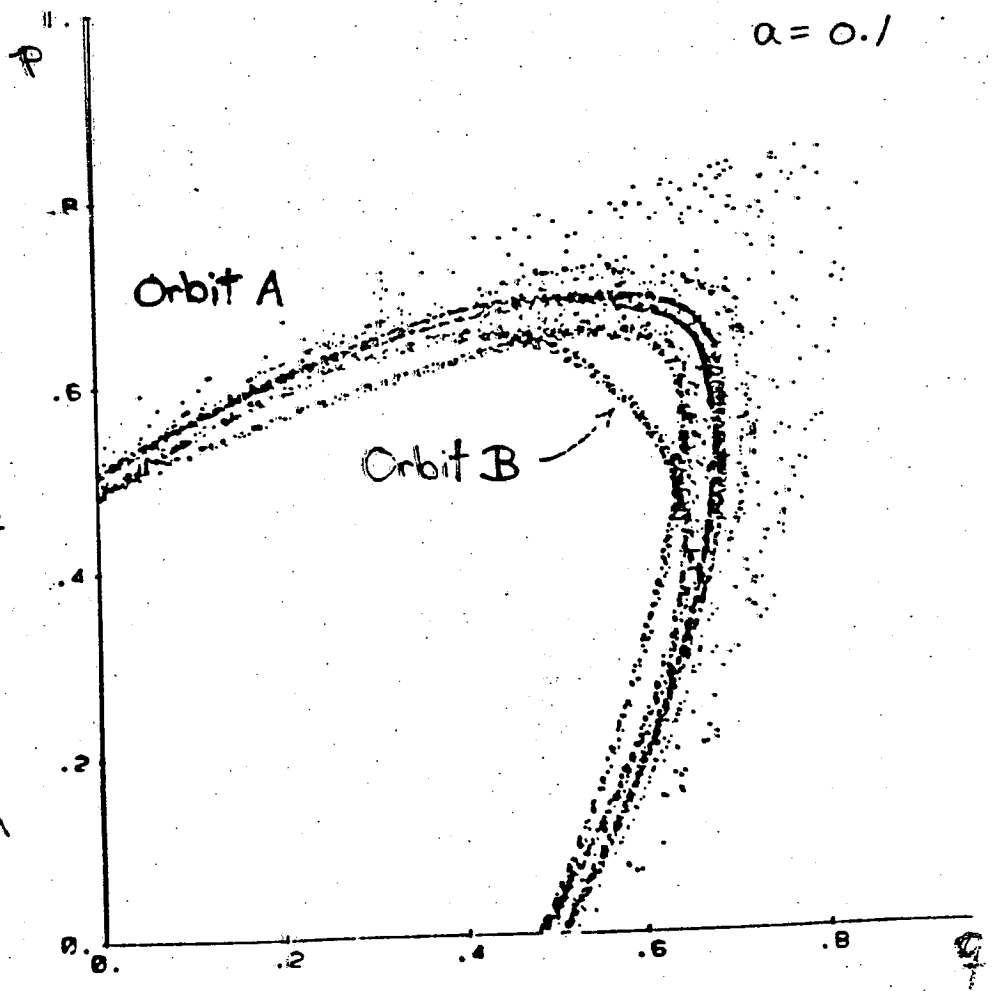
$\frac{\partial F}{\partial Q'} = P'$        $\frac{\partial F}{\partial Q} = -P$        $\frac{\partial F}{\partial q'} = -p'$        $\frac{\partial F}{\partial q} = p$

$P' = Q$   
 $Q' = \tau Q + Q^2 + P + a q$

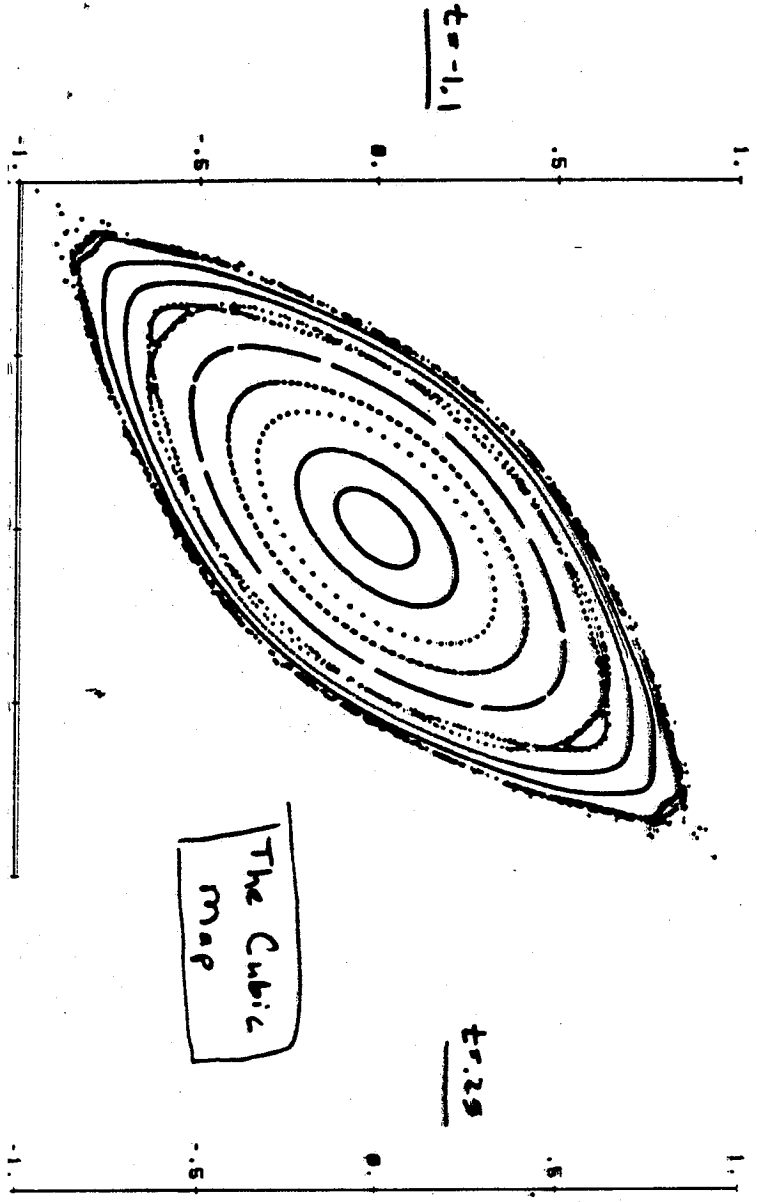
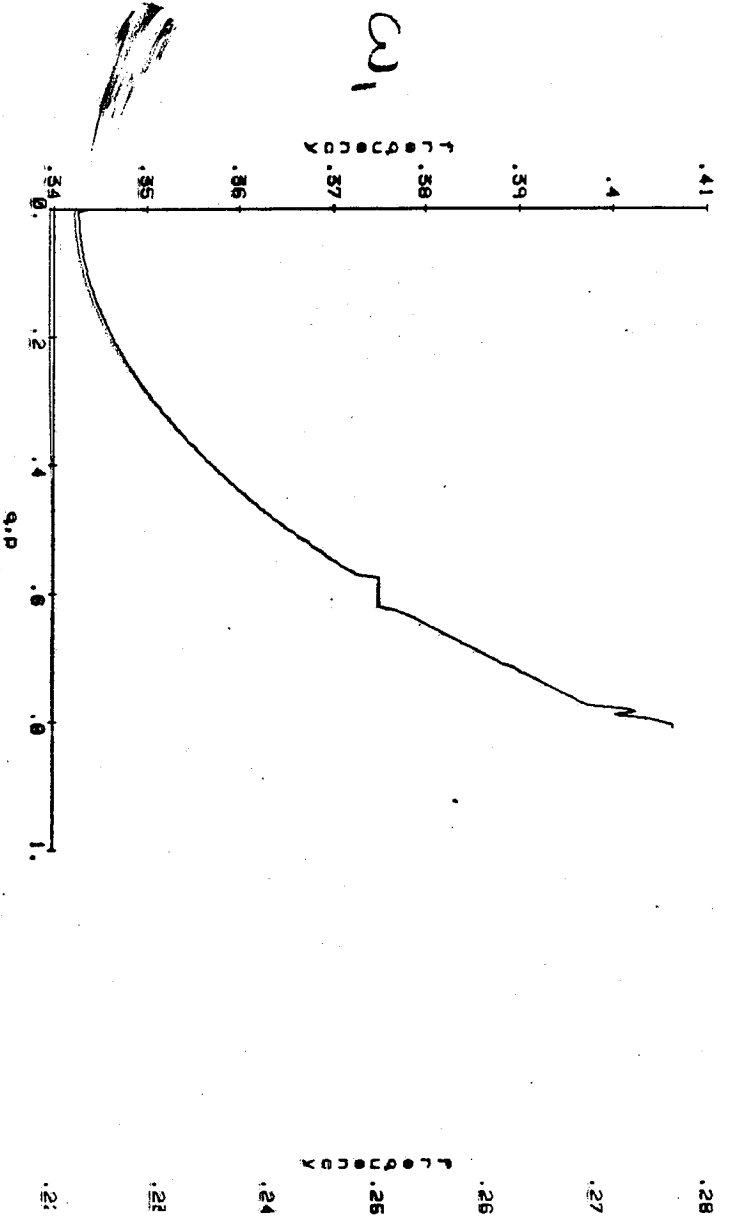
$p' = -q$   
 $q' = p + \tau q + q^3 + a Q$

Orbit A  
 $(q, p, Q, P) = (.65, .65, 0, 0)$   
No movement in 10 million  
iterations. ( $5 \times 10^3$  plotted)

Orbit B  
 $(q, p, Q, P) = (.623, .623, \dots, 0, 0)$   
2 million iterations. The  
first  $5 \times 10^3$  map out  
separatrix lying completely  
inside A. Suddenly the  
orbit jumps outside A,  
jumps again and then  
 $\rightarrow \infty$ . The last  
 $5 \times 10^3$  are plotted.



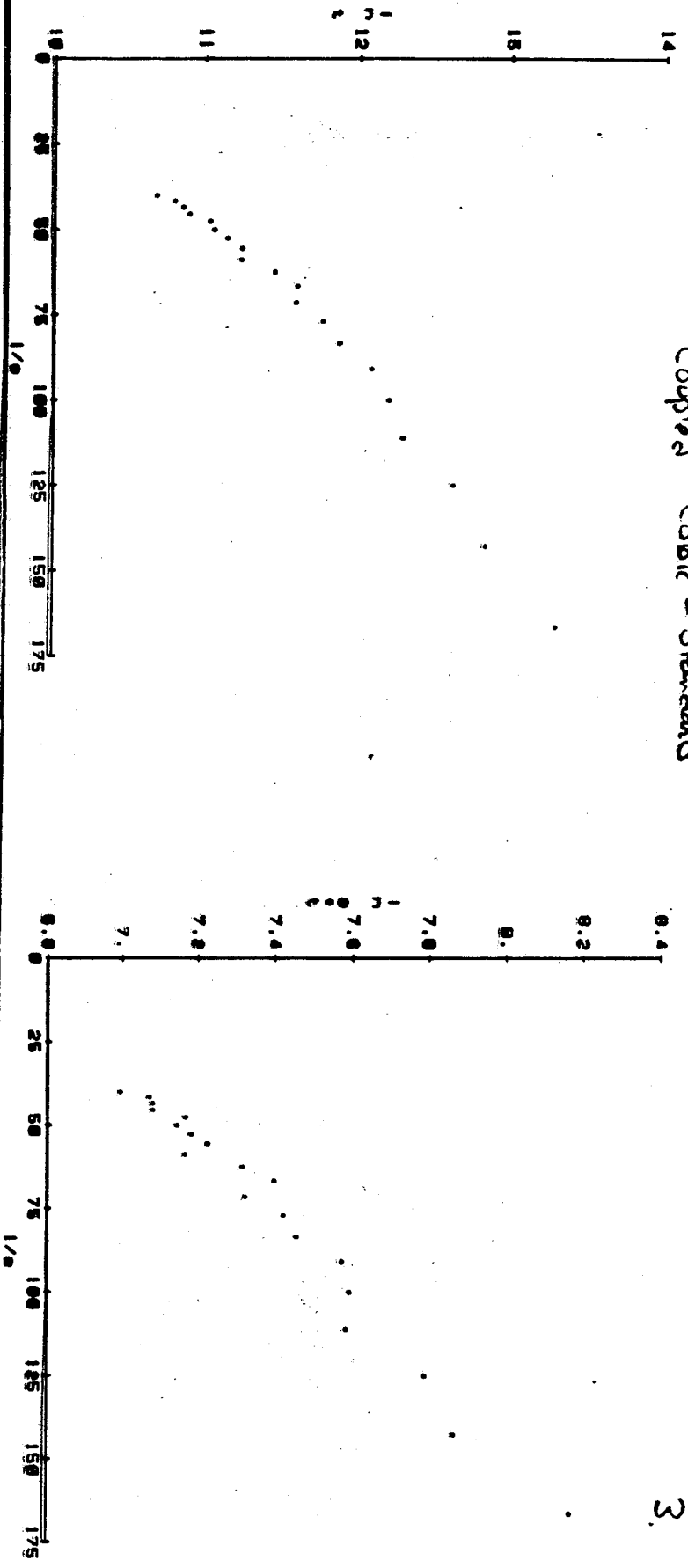
Courtesy C Koenig



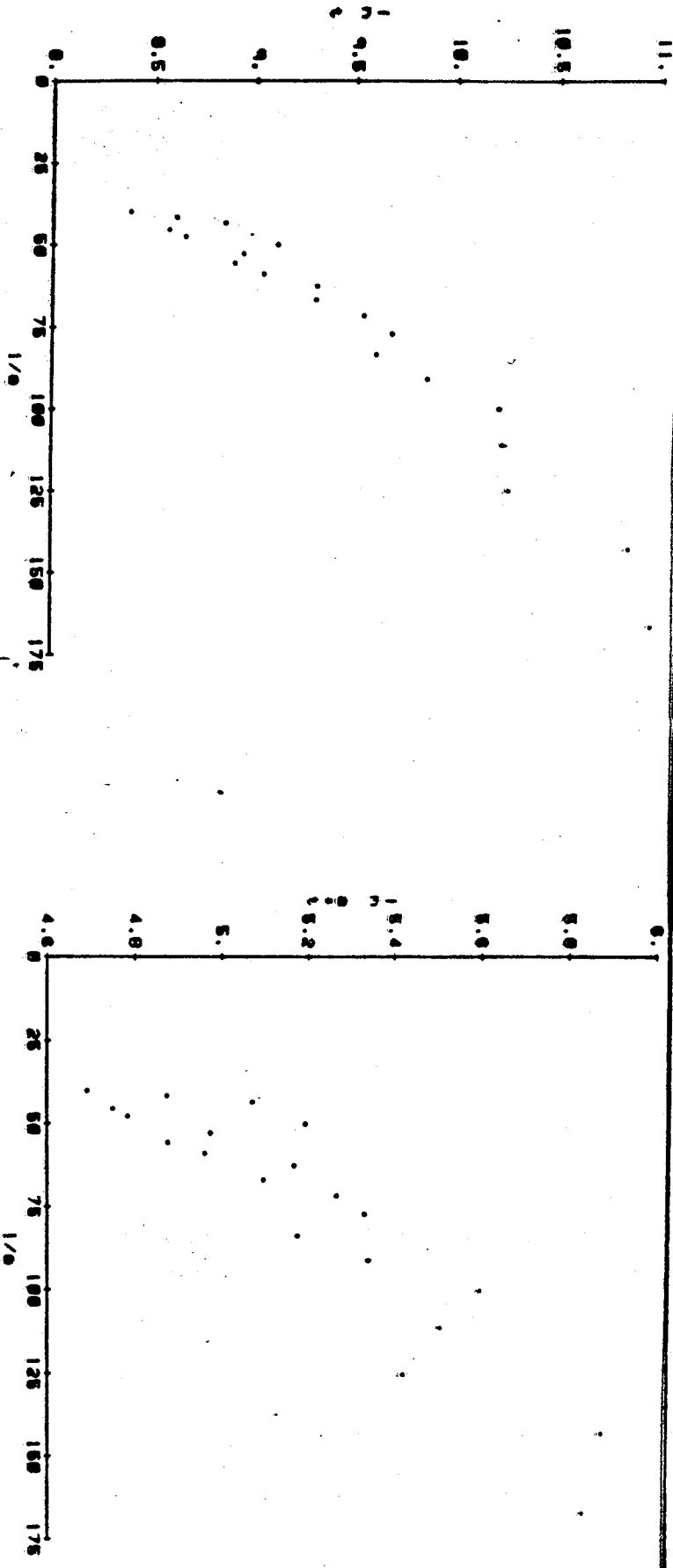
Coupled Cubic - Standard

but  
escape time

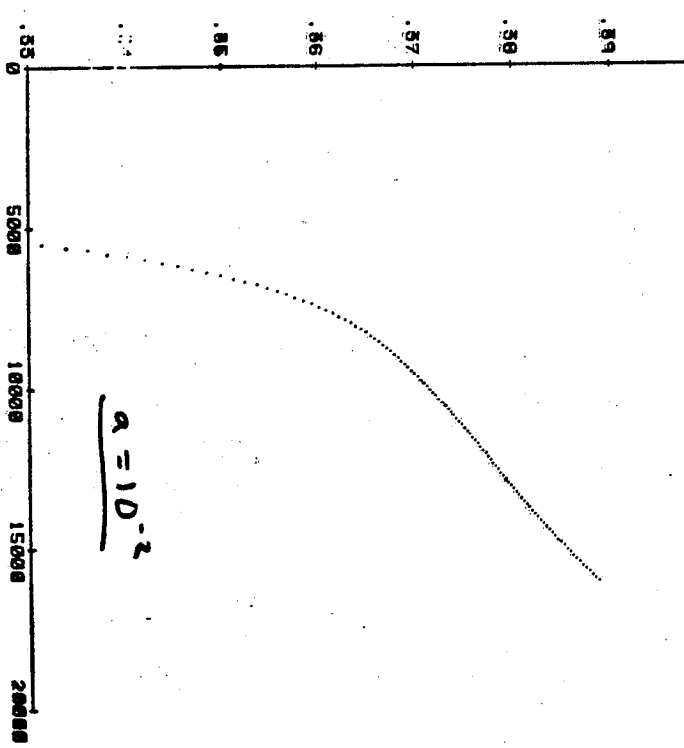
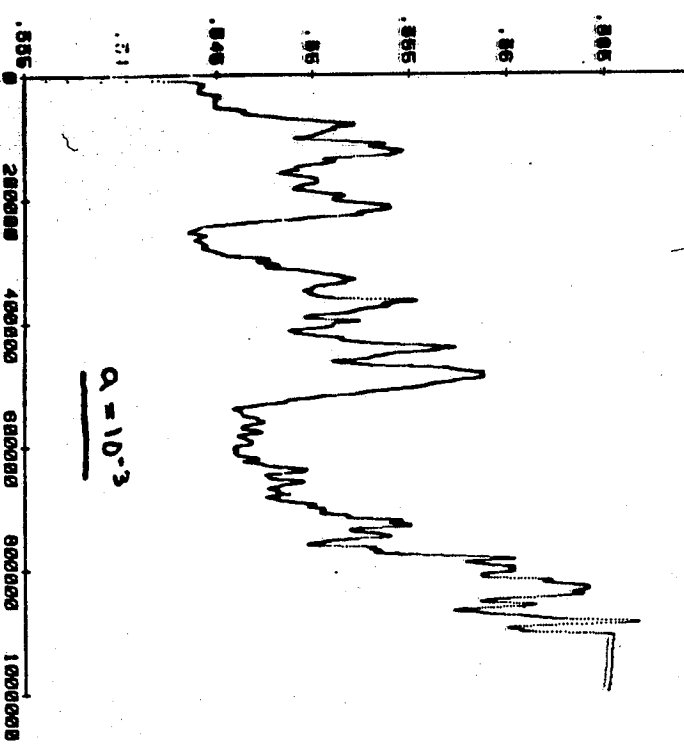
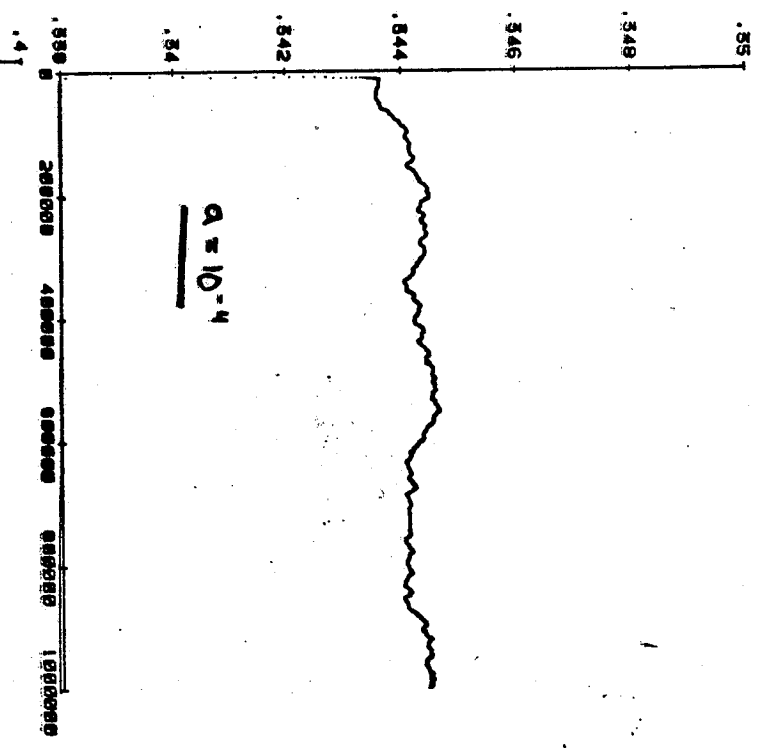
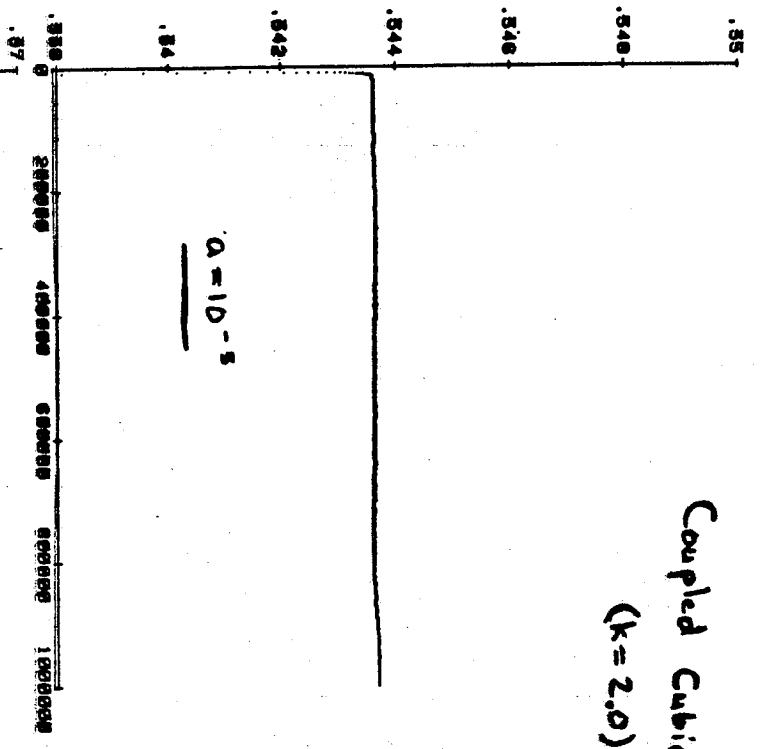
K=0.5



K=2.0



Coupled Cubic-Standard  
( $k=2.0$ )



# of iterations

# Dissipation of Negative Energy Modes

$$\text{Dissipation} \Rightarrow \frac{dH}{dt} < 0$$

## 2<sup>nd</sup> Law of Thermodynamics

$$H = \frac{q_+^2 + p_+^2}{2} - \frac{(q_-^2 + p_-^2)}{2}$$

$$\dot{q}_+ = p_+$$

$$\dot{q}_- = -p_-$$

$$\dot{p}_+ = -q_+ - \nu_+ p_+$$

$$\dot{p}_- = q_- - \nu_- p_-$$

$$\sim e^{i\omega t}$$

small  $\nu_i > 0$   $i=+,-$

$$\omega_+ \rightarrow \omega_+ + i\frac{\nu_+}{2}$$

$$\omega_- \rightarrow \omega_- - i\frac{\nu_-}{2}$$

damping

growth

# Boltzmann Equation

$$\frac{df}{dt} = \left. \frac{\partial f}{\partial t} \right|_c \quad f \equiv \text{phase space density}$$

$$F = E + \lambda \int f \ln f$$

"  $S_T$

$S_T \nmid \left. \frac{\partial f}{\partial t} \right|_c$  matched so as

$$\rightarrow \delta F = 0 \Rightarrow f_m \quad \text{Thermal Equilibrium}$$

$$\frac{dF}{dt} \leq 0 \quad \text{asymptotic stability}$$

Suppose

$$F = E + S_A \quad S_A \neq S_T$$

$$\delta F = 0 \Rightarrow f_e \neq f_m$$

$S_A \nmid \left. \frac{\partial f}{\partial t} \right|_c$  Unmatched



$f_e \leftarrow ?$  maybe not

## GENERAL CASE

Consider a noncanonical Hamiltonian System

$$\dot{z}^i = J^{ij}(z) \frac{\partial F(z)}{\partial z^j} + D^i(z)$$

↑  
dissipation

Second Law ( $F = H + C$ )

$$\frac{dH}{dt} = \frac{\partial H}{\partial z^i} D^i \leq 0$$

Linearize about an equilibrium  $z = z_e + y$

Equil.  $0 = J^{ij}(z_e) \frac{\partial F(z_e)}{\partial z^j} + D^i(z_e) + S^i$

$$\frac{\partial F}{\partial z^i}(z_e) = 0$$

↑  
Source term

$$S^i = -D^i(z_e)$$

1<sup>st</sup> order

$$\dot{y}^i = J^{ij} \frac{\partial^2 F}{\partial z^j \partial z^k} y^k + \frac{\partial D^i}{\partial z^k} y^k$$



## Case of interest: Neg. Energy Mode

$$* \delta^2 F = \frac{1}{2} \frac{\partial^2 F}{\partial z^i \partial z^r} y^i y^r \quad \underline{\text{indefinite}}$$

$$* \dot{y} = J \frac{\partial^2 F}{\partial z^2} y + \boxed{\frac{\partial D}{\partial z} y} \quad \underline{\text{Real Spectrum}}$$

$\omega / D = 0$

Dissipation means

$$\frac{d}{dt} \delta^2 F \leq 0 \quad ,$$

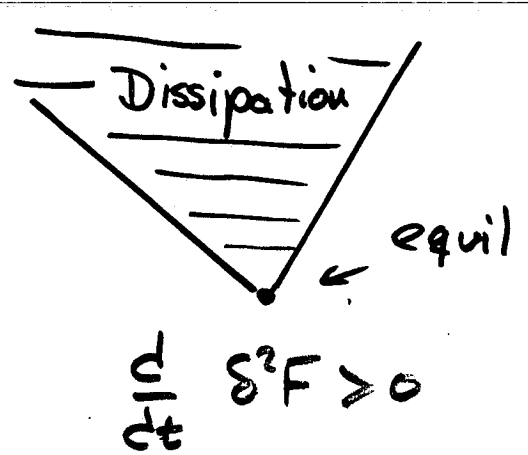
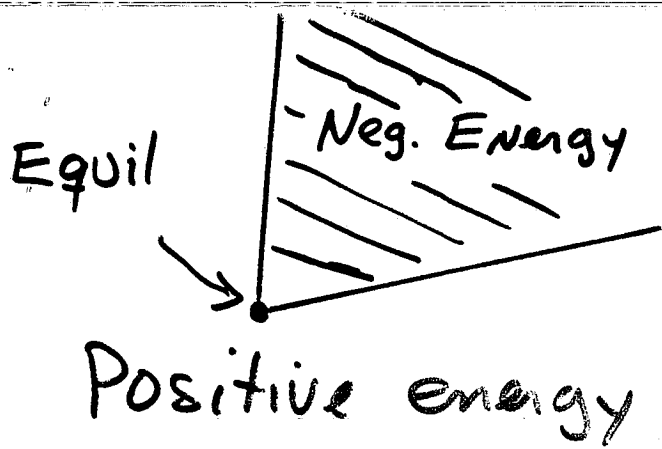
But

$$\frac{d}{dt} \delta^2 F = \frac{\partial^2 F}{\partial z^i \partial z^j} \frac{\partial D^j}{\partial z^r} y^i y^r = ?$$

In general

$$\frac{dH}{dt} = \frac{\partial H}{\partial z^i} D^i \leq 0 \quad \text{implies nothing about}$$

$$\frac{d}{dt} \delta^2 F !$$



For stability

$$\{N.E.\} \cap \{Dissip\} = \emptyset \quad ?$$

Generically a negative energy mode will get dissipated.

- \* Nonlinear Instability, may be slow
  - Won't know until investigate -
- \* Hidden Invariants
  - besides energy, momentum, Casimirs  
unlikely, at least for physical systems.
- \* Negative Energy Modes may not get dissipated - Generic?
- \* For P.D.E.'s dissipation may give rise to new modes -  
Singular modes not present in the ideal system. Perhaps most dangerous.  
(Rayleigh vs. Orr-Sommerfeld Eqs.)
  - Should investigate -
- \* Who cares about infinitesimal perturbations? How Small?

## Conclusion

$\delta^2 F$  is sufficient &  
"Necessary" for stability.

If there is free energy in  
a system & no reason it  
cannot be tapped, then it  
can happen & probably will.