## Work and Energy

## Work

Work in one dimension: (Section 7.1, part 1)
The following two problems involve pulleys and may be used after Example 2 in Section 7.1:

1. Atwood machine
2. Raising $m$ by a distance $\Delta x$

Work in two dimensions: (Section 7.1, part 2)
3. Work against gravity

- Context in the textbook: After Example 3 in Section 7.1.

Work-energy and gravitational potential energy (Section 7.4)
Exercises to be used in conjunction with Section 7.4:
4. Sliding down an incline
5. Comparing final kinetic energies
6. Stopped pendulum
7. Sliding down a dome: The "stay-on" condition
8. Sliding down a dome: Equations of motion


Two blocks with masses $m_{1}$ and $m_{2}$ are connected by a light string passing over a light frictionless pulley. Assume $m_{2}>m_{1}$. Determine the potential energy released by the system as block 2 starts from rest and falls by $h / 2$ :

|  | A | B | C |
| :--- | :--- | :--- | :--- |
| Potential energy released | $m_{2} g h / 2$ | $\left(m_{2}-m_{1}\right) g h / 2$ | $m_{1} g h / 2$ |

Hint: Remember that as block 2 descends by $h / 2$, block 1 rises correspondingly by a height $h / 2$.

Explanation: When block 2 falls by a distance $h / 2$, block 1 goes up by $h / 2$. The potential energy lost by block 2 is $m_{2} g h / 2$. The potential energy gained by block 1 is $m_{1} g h / 2$. So the net potential energy lost is $\left(m_{2}-m_{1}\right) g h / 2$. Answer $=B$.


Consider the mass-pulley system shown. Determine the distance $d$ covered by the force F as it lifts the block by a height $\Delta x$ :

|  | A | B | C |
| :--- | :--- | :--- | :--- |
| Distance of F | $d=\Delta x / 2$ | $d=\Delta x$ | $d=2 \Delta x$ |

Explanation: As the block is lifted by height $\Delta x$, the length of each of the two strings supporting the moving pulley will be reduced by $\Delta x$, so $d=2 \Delta x$. Answer = C .

Comment: Notice that conservation of energy implies that the increase of the potential energy equals the input mechanical energy: $m g \Delta x=\mathrm{Fd}=$ $2 \Delta x$ F. Solving for $F$ gives $F=m g / 2$. In other words, the applied force required is half of the weight.

Consider the movement of a block of mass $m=1 \mathrm{~kg}$ in two phases. In the first phase it moves horizontally 4 m from $A$ to $B$. In the second phase it goes from $B$ to $C$, a vertical distance of 3 m . Find the work done on the block against the force of gravity for each phase of its journey:


|  | $W_{A B}$ | $W_{B C}$ |
| :---: | :--- | :--- |
| A | 40 J | 0 J |
| B | 0 J | 30 J |
| C | 40 J | 30 J |

Hint: Work is the product of force times displacement parallel to the force.
Extra: Consider moving the block directly from $A$ to $C$ along a frictionless inclined plane. Determine the work done, W AC.

Explanation: From $A$ to $B$ there is no displacement parallel to gravitation force. So $W_{A B}=m g \times(0)=0 \mathrm{~J} . W_{B C}=m g \times 3=30 \mathrm{~J}$. Answer $=\mathrm{B}$.
Explanation-extra: Along the incline $W_{A C}=m g \sin \theta \times A C=$ $m g \times B C=10 \times 3=30 \mathrm{~J}$, where $\mathrm{mg} \sin \theta$ is the lifting force along the inclined plane. This illustrates that the work done against a conservative force (that is, gravity) is path independent: The work along the two paths $A \rightarrow B \rightarrow C$ and $A \rightarrow C$ is the same.


Consider a block of mass $m=1 \mathrm{~kg}$ sliding down a frictionless inclined plane from rest at $A$. Given $h=20 \mathrm{~m}, \theta=30^{\circ}$, and $g=10 \mathrm{~m} / \mathrm{s}^{2}$, find $v_{B}$, the speed of the block as it passes through point $B$ :

$$
\begin{array}{ll}
A & v_{B}=\sqrt{2 g h}=20 \mathrm{~m} / \mathrm{s} \\
\hline B & v_{B}=\sqrt{g h}=10 \sqrt{2} \mathrm{~m} / \mathrm{s} \\
\hline C & v_{B}=\sqrt{g h / 2}=10 \mathrm{~m} / \mathrm{s}
\end{array}
$$

Hint: Use the conservation of energy equation $K_{f}-K_{i}=U_{i}-U_{f}$. (see Eq. (7.32)), where $K_{i}=K_{A}=0$ and $U_{i}-U_{f}=U_{A}-U_{B}=m g h$.

Extra: Determine the kinetic energy in joules at $B$.
Explanation: $K_{f}=K_{B}=m v_{B}^{2} / 2$. The conservation of energy equation implies that $m v_{B}^{2} / 2=m g h$, that is, $v_{B}=\sqrt{2 g h}$. Answer $=A$.
Explanation-extra: $K_{B}=m v_{B}{ }^{2} / 2=m g h=1 \times 10 \times 20=200 \mathrm{~J}$.

Consider the three possible paths marked $A, B$, and $C$ each for a given mass traveling from height 1 to height 2. A represents a free fall from rest. $B$ represents starting from rest and sliding down a curved slide without friction. $C$ represents a projectile with an initial horizontal speed of $v_{0}$ as shown.


Which set of relationships is correct for the speeds of the mass at height 2 ?

$$
\begin{array}{ll}
A & v_{A}=v_{B y}=v_{C y} \\
\hline B & v_{A}=v_{B}<v_{C} \\
\hline C & v_{A}<v_{B}<v_{C}
\end{array}
$$

Hint: The frictionless surface that constrains the motion for path $B$ neither creates nor dissipates energy. So $K_{f}-K_{i}=U_{f}-U_{i}$.
Extra: Compare the time taken to reach the ground for these three cases.
Explanation: For $A$ and $B$, the initial kinetic energy $K_{\mathrm{i}}$ is 0 . Conservation of energy implies $K_{f}=U_{i}-U_{f}=m g h$. In turn, the final kinetic energies are equal: $K_{A}=K_{B}$. Because the masses are the same, the final speeds are equal too: $v_{A}=v_{B}$. For $C, U_{i}-U_{f}$ is still equal to $m g h ;$ and because $K_{i}>0$, conservation of energy implies that $K_{C}=U_{i}-U_{f}+K_{i}>K_{A}$. Answer $=B$.
Explanation-extra: The vertical motion in $C$ is the same as that in $A$, so the trip time $t_{A}=t_{C}$. Now compare $A$ and $B$. Because the distance covered in $B$ is longer than the distance covered in $A$, it takes longer to reach the ground for $B$ than for $A$.


Consider the simple pendulum shown in which the friction force is negligible. The bob is oscillating between the two extreme points $A$ and $C$, which have the same height $h$. Now place a stopper at $D$, located some distance below the initial pivot point. As the bob starts swinging to the right, it hits the stopper and pivots about point $D$. Denote the new extreme point by $E$ as shown. The height at $E$ is which of the following?

| 1 | Greater than $h$ |
| ---: | :--- |
| 2 | Equal to $h$ |
| 3 | Less than $h$ |

Hint: Use the conservation of energy equation: $U+K=$ constant. This is valid at any point along the path of motion, with or without the stopper.

Explanation: Conservation of energy implies that $U_{A}+K_{A}=U_{B}+K_{B}$, or $K_{B}=U_{A}-U_{B}=m g h$, because $K_{A}=0$. It also implies that $U_{B}+K_{B}=$ $U_{E}+K_{E}$. Because $E$ is the new extreme point, $K_{E}=0$, the potential difference between $E$ and $B$ is $U_{E}-U_{B}=K_{B}=m g h=U_{A}-U_{B}$. In other words, point $E$ has the same height as $A$. Answer $=B$.


A small box of mass $m$ is initially at the top of a hemisphere with a radius $R$. Starting from rest, the box slides without friction down along the surface of the hemisphere. At any $\theta$, the centripetal force is $F_{c}=m v^{2} / r$. What is the condition for the block to stay on the surface?

| A | B | C | D |
| :--- | :--- | :--- | :--- |
| $m g \cos \theta<F_{c}$ | $m g \sin \theta<F_{c}$ | $m g \cos \theta>F_{c}$ | $m g \sin \theta>F_{c}$ |

Explanation: When the radial component of the weight is larger than the centripetal force, there is a net force directed radially inward that presses the block against the surface. This is the condition for the block to stay on the surface. Answer = C.
7. Sliding Down a Dome: The "Stay-On" Condition PhysiQuiz


Consider a block starting at rest from point $O$, sliding down the surface of a smooth sphere (friction is negligible) and flying off at point $C$. Here two principles are at work:
I. Conservation of energy: $U_{O}+K_{O}=U_{C}+K_{C}$.
II. At the flying-off point the surface exerts no force on the block. In other words, at point $C$ the normal force $N=0$. Define the following relations:
For I: $m g R(1-\cos \theta)=m v^{2} / 2$ la

$$
m g R(1-\sin \theta)=m v^{2} / 2 \quad \mathrm{lb}
$$

For II: $m g \cos \theta=m v^{2} / R \quad$ Ila
Determine the correct pair of relations:

|  | A | B | C | D |
| :---: | :---: | :---: | :---: | :---: |
| For I | la | la | lb | lb |
| For II | lla | llb | lla | llb |

Explanation: For $I$, the vertical distance between $O$ and $C$ is $R(1-\cos \theta)$, so choice la is correct. For II, the radial component of $m g$ is $m g \cos \theta$. Here the choice lla is correct. Combining the two leads to Answer A.

Comment: Based on the two relations at $C$, we may solve for $\cos \theta$. Verify that $\cos \theta=2 / 3$.
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